



Homeopathy and Ear Infections

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There are few children who escape childhood without experiencing an ear infection. A very common, and usually harmless acute condition, ear infections can nevertheless be extremely painful and worrisome problem, and if left untreated, can develop into serious complications.

The conventional method of treating ear infections has been to administer antibiotics. While this can be very helpful in eliminating the present infection, antibiotic use often weakens the child's immune system as an after effect. Antibiotics not only kill off the offending bacteria that cause the infection, but they also kill the good bacteria that exist in our bodies to protect us from harmful ones. We need this good bacteria for healthy immune function and when it is destroyed by antibiotics, a host of our natural defences to future infection are also destroyed.

It is not uncommon to find that after a child is treated with antibiotics for an ear infection, they continue to develop them over and over, leaving a very frustrating situation for both parents and child.

Homeopathic medicine can work extremely quickly in acute situations such as this. I have witnessed children go from screaming in pain, to, after administration of the appropriate homeopathic remedy, playing happily as if nothing had ever happened. These remedies have no side effects, and are easy to administer to young children or infants.

For detailed instruction on which remedies to use and how to give them, refer to a homeopathic self-help book, of which there are many on the market. If you find that you are not getting the desired results, or if you do not feel comfortable prescribing for your child, consult with a professional homeopath for more skilled advice and guidance.